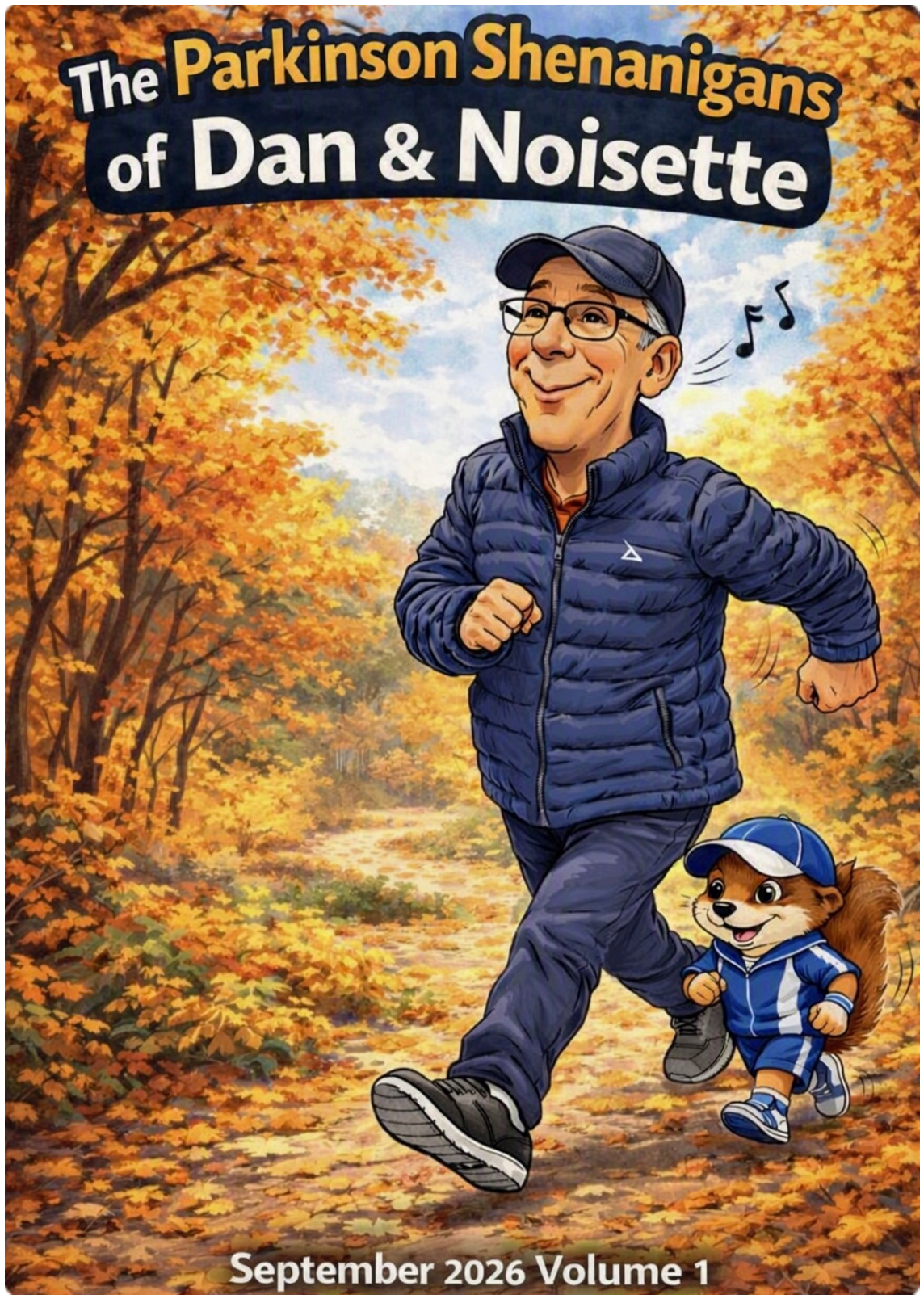
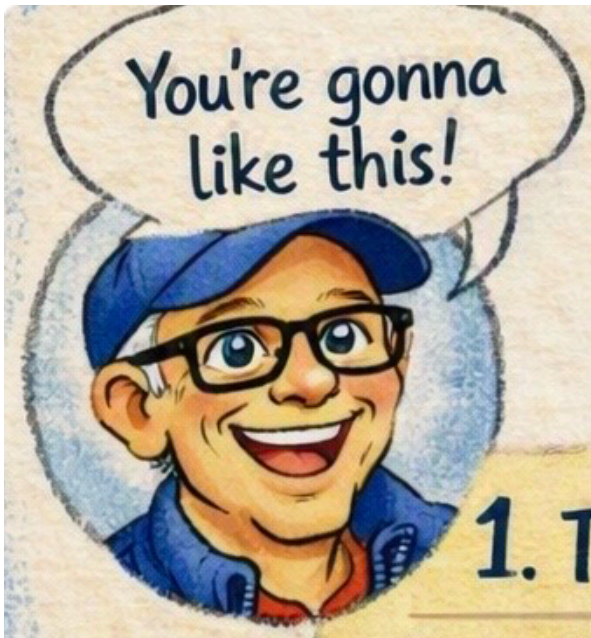

The Parkinson Shenanigans
of Dan & Noisette
September 2026 Volume 1



To read

1. The Parkinsonneries

Episode 1: The verdict, the sentence and the reaction.

2. Bye-bye Parkinson!

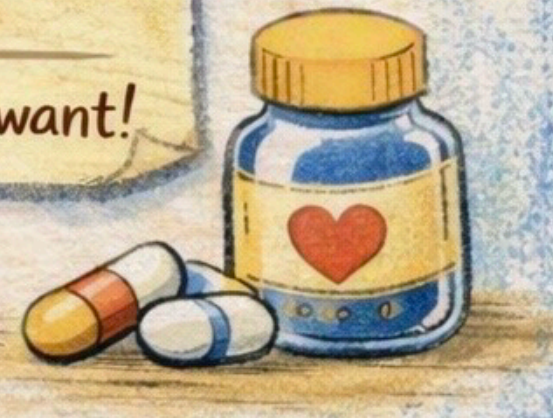
Taking a vacation from your Parkinson.

3. Reflection: Walking in slow motion

Slowing down to feel the world more deeply.

4. Your prescription?

A medication to take whenever you want!



To the readers

What I’m trying to achieve with the Parkinsonneries

The Parkinsonneries are my way of telling, from the inside, the story of my 17 years of life with Parkinson’s.
I write this comic-series to transform what I experience – the challenges, the clumsy moments, the moments of grace – into stories that shed light, reassure, and bring a smile.

I want to offer an emotional translation of the illness:
what words sometimes struggle to express, images, humour, and tenderness can show.

I speak to people living with Parkinson’s, to their loved ones, to the curious, to those who seek to understand… or simply to those who don’t want to feel alone.
My aim is that each person might think:
“Ah… I recognize this. I understand better.”

In one sentence:
The Parkinsonneries are a tender and humorous comic series in which I tell my life with Parkinson’s to help others understand, smile, and feel accompanied.

ti-Daw

Yes, it’s whistling, gravity has always

me, Dan — the one who walks while even when the legs protest, even when a little fun reminding me that she’s watching.

It’s now been seventeen years that I’ve lived with Parkinson’s. Seventeen years learning to negotiate with a body that can be unpredictable, taming gestures that slip away.

Before going any further, I want to say it plainly.
what you’re about to read is neither a medical journal nor a dramatic tale. It’s my story, told with honesty, with perspective, and with a smile.

In this universe, a little squirrel often slips into the scene.
His name is Jean Noisette.
He is my conscience, my mirror, my companion on the road.
He says out loud what I think quietly, he exaggerates, he gets things wrong, he teases me… but he’s always there.

It also needs to be said: this book was born from a collaboration between IN and AI — between natural intelligence and artificial intelligence.

Between a living mind and an assisted one.

Episode 1

The verdict, the sentence, and the reaction

December 29, 2009 — a date I'm not ready to forget.

At that moment, I'm in the neurologist's waiting room with my wife.

I feel like an accused man waiting for his sentence.

What led me here?

I remember having felt, for years, a fatigue unlike anything I had ever known. A fatigue that floors you without warning.

I also remember that stubborn stiffness in my left shoulder, despite the sustained and costly interventions of the chiropractor, the orthopedist, the osteopath, the massage therapist, and more…

Yet no lasting result.

Finally, there was that left arm that no longer swung.

So many signs that alarmed my neurologist and pushed her to prescribe a whole battery of tests.

CT scan, blood test, X-ray, questionnaire, balance, memory…

All that was missing was luminol and a polygraph — it felt like an episode of CSI Neurology.

Now I’m being called in. She’s about to deliver her judgment.

What am I guilty of?

The neurologist opens her mouth. Calm voice.

And she pronounces the sentence that will follow me all my life.

Idiopathic! Meaning: of unknown cause.

Curious — it’s like being accused without knowing why.

The sentence: you will end up dying imprisoned by your own body.

And as if that weren’t enough, she adds:

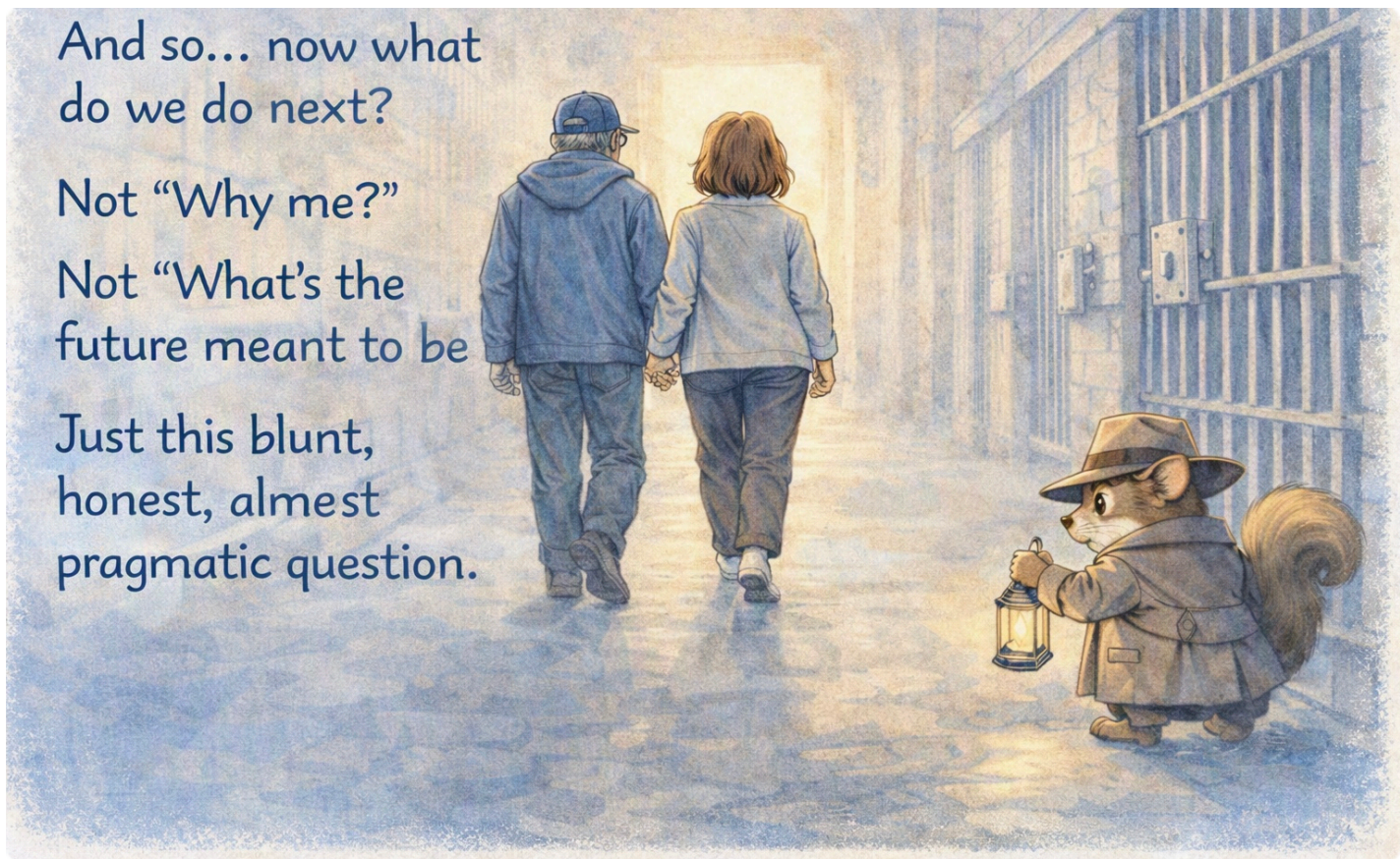
I say to her: Thank you, Your Honor!

Then,

We walked out of the office.
And there… silence.
A dramatic silence.
A silence that speaks.
That can be heard from a far.
A silence warning us
that something has just shifted.

So we started walking

…one step, two, three,



“Well… and now, what do we do?”

Yes!

But to know that, we would really need to understand who

Mr. Parkinson is?

Our research would shed light on our ignorance and prejudices about him.

How?
Read Episode 2 – Parkinson: Just Tremors?

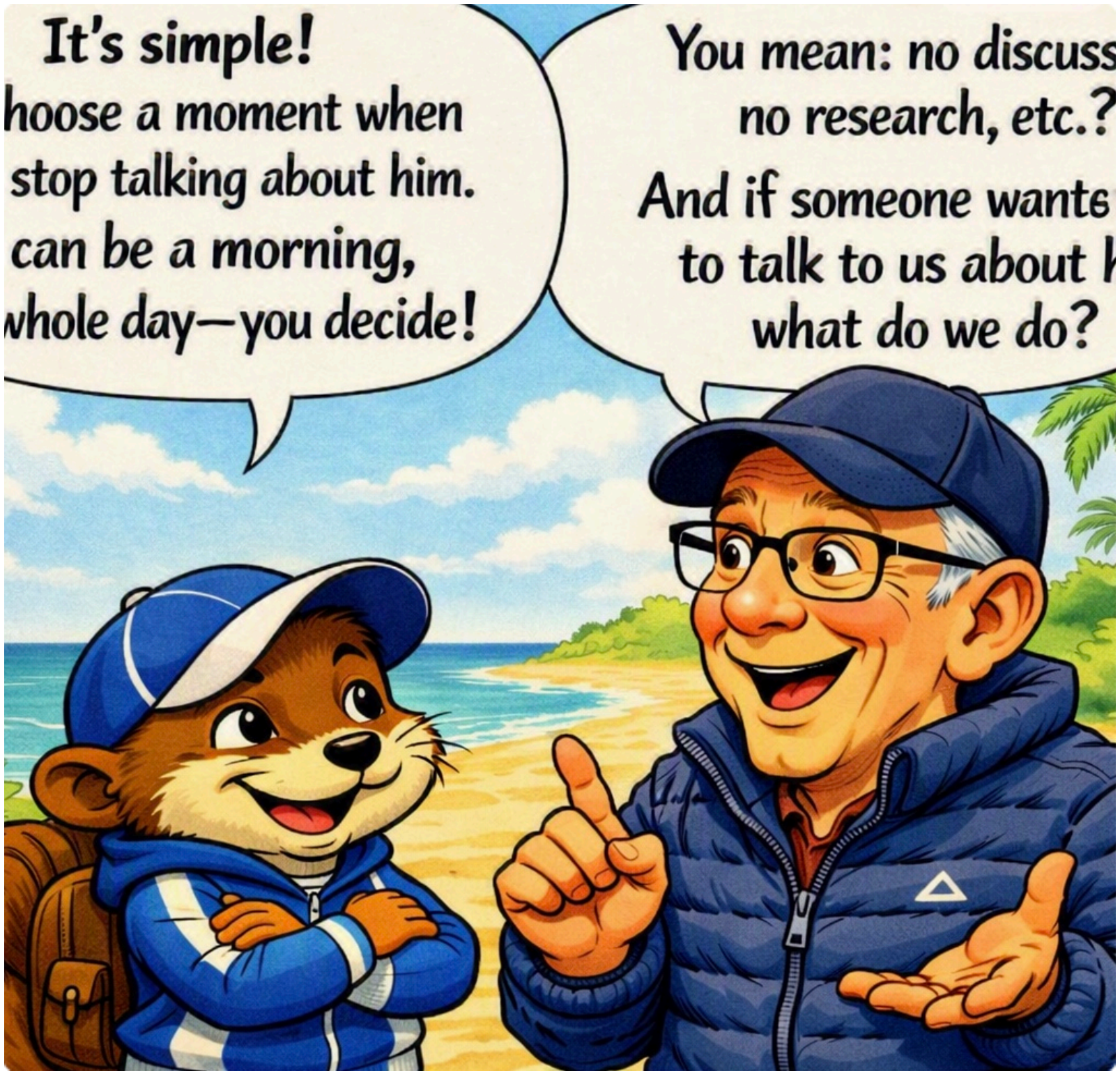
Now, time for a vacation! Need to take a break from your Parkinson’s?

Here’s the simplest way!

BD Parkinson
Bye-bye Parkinson!

♪ Please do not disturb,
I'm on vacation! ♪

♪Taking a vacation from your Parkinson's... would you be up for that?
Count me in anytime! So how do we do it? Do we find it a spot in daycare?


It's simple!
hoose a moment when
stop talking about him.
can be a morning,
whole day—you decide!
You mean: no discuss
no research, etc.?
And if someone wants
to talk to us about h
what do we do?

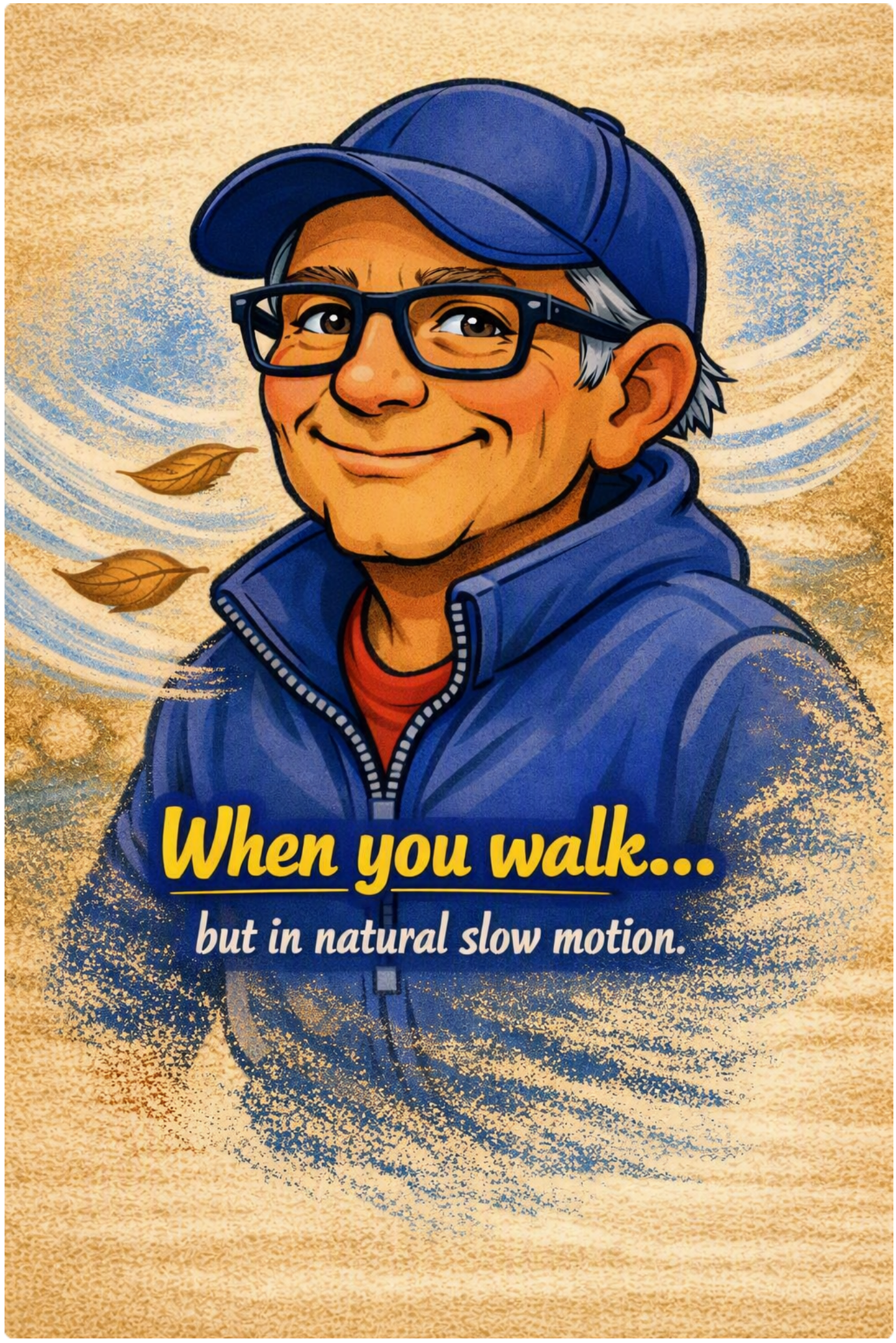
My Parkinson's is off for the day!
And if he wants to leave a message?
His voicemail is full. No message can be left!

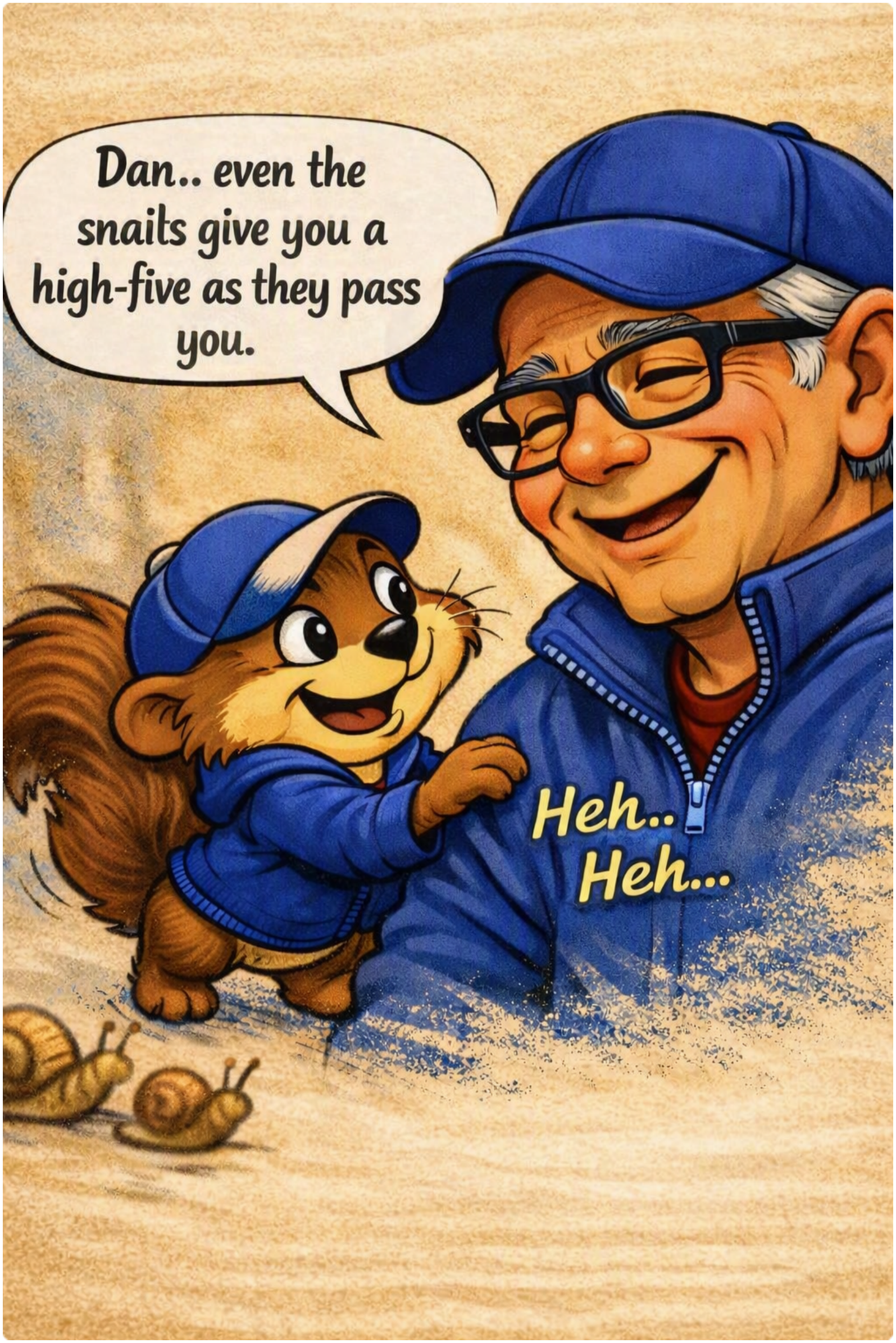
a mental space.
What benefi
wil it give me to
do that?
More importantly,
it prevents our illness
from becoming a
daily weather report.

Maybe you're thinking: "That's way too simplistic!"

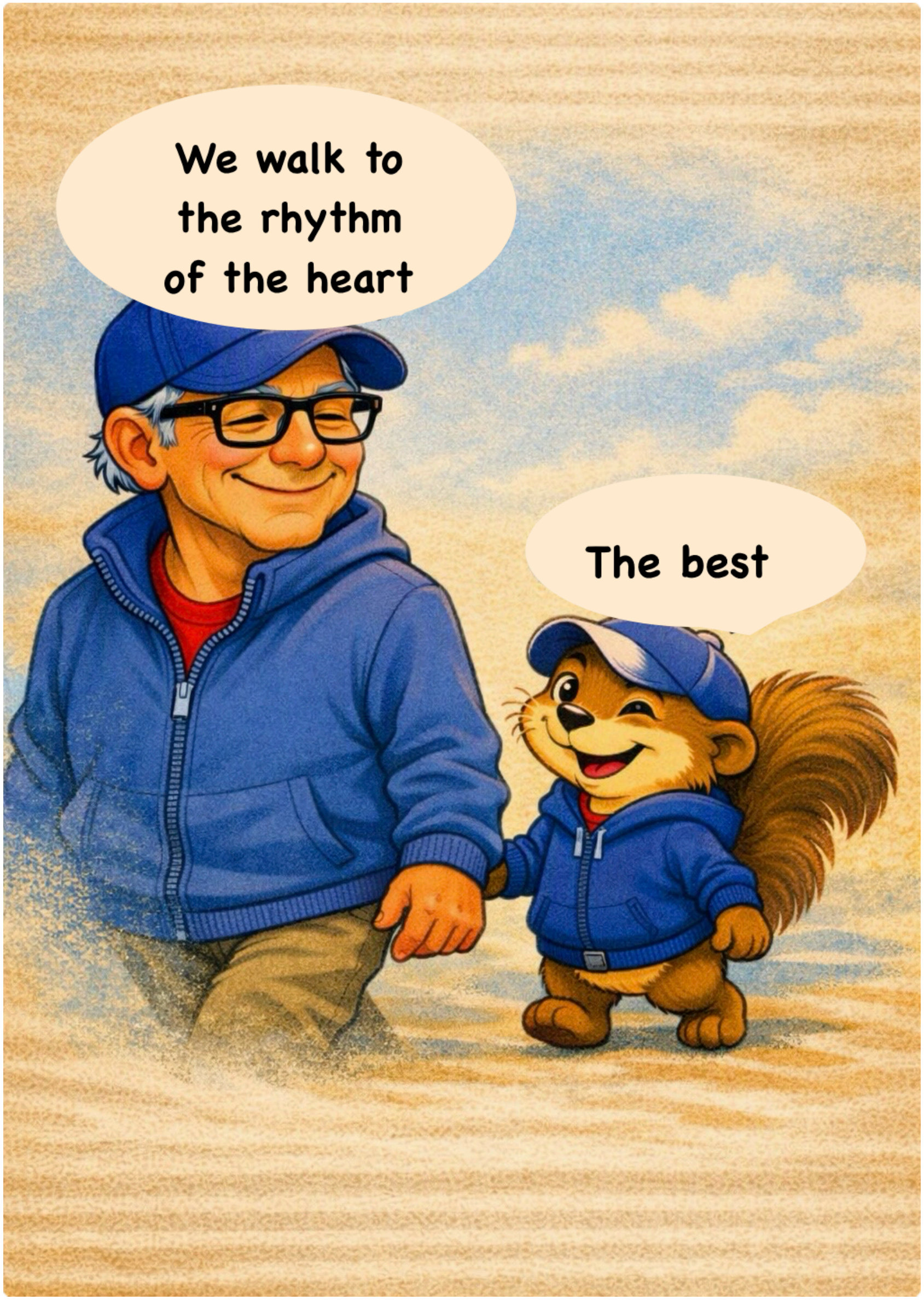
But try it anyway.

You might be surprised by the relief it brings.


When you walk...
but in natural slow motion.


Dan.. even the snails give you a high-five as they pass you.
Heh..
Heh...

At least they understand my style.
Your style is premium slowness.
Satin finish.
Heh..
Heh...


We walk to the rhythm of the heart
The best

It's a day off.
We don't talk about it.
Perfect.
Parkinson's is on
vacation.

Your prescription

Hi Dan, how are you?
Good, how about you?
As good as a Noisette can be!

Do you know what animal survived the best during the COVID-19 lockdown?
I have a feeling I'm about to find out!
The snail! Why?
Because it's used to spending a lot of time at home.

Fin
The End
El Fin

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